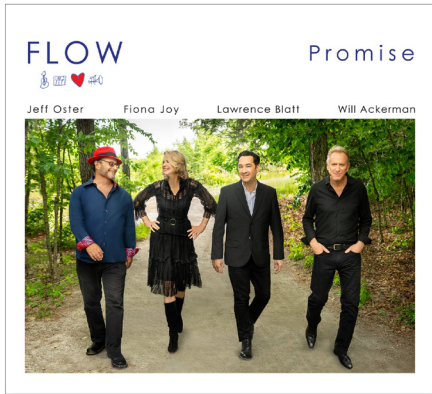




FLOW Promise



Embracing the heart of our most meaningful relationships, PROMISE is the highly anticipated sophomore album from FLOW, an award-winning four-piece ensemble of established artists who have energized the Contemporary New Age music world with their award-winning melodies and inspired live performances throughout the U.S. Together again at Imaginary Road Studios, the four friends -- Windham Hill Records founder Will Ackerman, Fiona Joy Hawkins, Lawrence Blatt, and Jeff Oster, along with Jeff Haynes and Tom Eaton -- called upon their collaborative magic to create ten new melodic and imaginative tracks for PROMISE. Fans will welcome the familiar interplay of guitar, piano, flugelhorn, ukulele, percussion, and vocalizations while enjoying a new level of mastery in an uplifting listening experience even more soulful than the self-titled debut, Flow. Visit FlowTheGroup.com for music, events and news. (LMB Music, 2019)

Cat No: LMB201901

Digital Release Date: 8.30.19

SRP: \$12.98



Track List:

- Promise
- Something On Tuesday
- Adrift At Sea
- All These Years
- Last Light
- Fresh Air
- Nightfall
- Blue Umbrella
- Chasing Secrets
- Mémoire du Dome

FLOW is an anagram of group member's names -- Fiona Joy Hawkins (Australian Pianist), Lawrence Blatt (acoustic guitarist), Jeff Oster (Flugelhorn master) and Grammy winning guitarist and producer Will Ackerman (of Windham Hill) -- who came together out of friendship, a shared recording history and a passion for playing live and touring. After a full house debut at Carnegie's Weill Recital Hall in 2017, FLOW celebrated their self-titled debut album, Flow, by touring some of the nation's most passionate music cities: New Orleans, Nashville, Philadelphia, New York, Seattle, and San Francisco, culminating at the Los Angeles GRAMMY Museum in 2018. Along the way, they picked up coveted Album of the Year wins at both the ZMR Awards in New Orleans and the IMA Awards at the Lincoln Centre in NY. In early 2019, FLOW returned to Imaginary Road Studios in Vermont to complete their second album, PROMISE, produced by Will Ackerman and Tom Eaton, releasing August 30, 2019 on LMB Music.

Visit FlowTheGroup.com for music, events and news.

Physical Distribution:

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FLOW will perform new music from

PROMISE

in an encore concert at

Carnegie's Weill Hall at 8 pm on

September 27th, 2019.

Tix at CarnegieHall.org